

THRIVE Youth Worker Handbook
Annex F. Sample Local Workshop Structure

A simple structure that can be adapted for short practical local workshops.

Workshop element	Suggested timing
Welcome and check-in	5 to 10 minutes
Short introduction to the topic	10 to 15 minutes
Demonstration	10 minutes
Guided practical work	25 to 35 minutes
Pair or group reflection	10 minutes
Saving the final output	5 minutes
Evaluation and next step	5 to 10 minutes

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